project, as evidenced by being allowed to continue in the project for at least—

- (i) Ten days in a summer component if the individual first enrolled in an Upward Bound project's summer component: or
- (ii) Sixty days if the individual first enrolled in an Upward Bound project's academic year component.

Potential first-generation college student means—

- (1) An individual neither of whose natural or adoptive parents received a baccalaureate degree; or
- (2) A student who, prior to the age of 18, regularly resided with and received support from only one natural or adoptive parent and whose supporting parent did not receive a baccalaureate degree.

Secondary school means a school that provides secondary education as determined under State law.

Target area means a discrete local or regional geographical area designated by the applicant as the area to be served by an Upward Bound project.

Target school means a school designated by the applicant as a focus of project services.

Veteran means a person who served on active duty as a member of the Armed Forces of the United States—

- (1) For a period of more than 180 days, any part of which occurred after January 31, 1955, and who was discharged or released from active duty under conditions other than dishonorable: or
- (2) After January 31, 1955, and who was discharged or released from active duty because of a service-connected disability.

(Authority: 20 U.S.C. 1001 et seq., 1070a-11, 1070a-13, 1088, 1141, 1141a, and 3283(a)).

Subpart B—What Kinds of Projects and Services Does the Secretary Assist Under This Program?

§ 645.10 What kinds of projects are supported under the Upward Bound Program?

The Secretary provides grants to the following three types of Upward Bound projects:

(a) Regular Upward Bound projects designed to prepare high school stu-

dents for programs of postsecondary education.

- (b) Upward Bound Math and Science Centers designed to prepare high school students for postsecondary education programs that lead to careers in the fields of math and science.
- (c) Veterans Upward Bound projects designed to assist veterans to prepare for a program of postsecondary education.

(Authority: 20 U.S.C. 1070a-11 and 1070a-13)

§645.11 What services do all Upward Bound projects provide?

- (a) An Upward Bound project that has received funds under this part for at least two years shall include as part of its core curriculum, instruction in—
- (1) Mathematics through pre-calculus;
 - (2) Laboratory science;
 - (3) Foreign language;
 - (4) Composition; and
 - (5) Literature.
- (b) All Upward Bound projects may provide such services as—
- (1) Instruction in subjects other than those listed in §645.11(a) that are necessary for success in education beyond high school;
 - (2) Personal counseling;
- (3) Academic advice and assistance in secondary school course selection;
 - (4) Tutorial services;
- (5) Exposure to cultural events, academic programs, and other educational activities not usually available to disadvantaged youths;
- (6) Activities designed to acquaint youths participating in the project with the range of career options available to them;
- (7) Instruction designed to prepare youths participating in the project for careers in which persons from disadvantaged backgrounds are particularly underrepresented;
- (8) Mentoring programs involving elementary or secondary school teachers, faculty members at institutions of higher education, students, or any combination of these persons and other professional individuals; and
- (9) Programs and activities such as those described in paragraphs (b)(1) through (b)(8) of this section that are